

Horlick Rebel Invitational

Saturday, September 1, 2018

Site/Admission: Wayne H. Dannehl National Cross Country Course - University of Wisconsin-Parkside.
4000 Petrifying Springs Road, Kenosha, WI 53144
The admission fee for adults is **\$5.00** (no fee for kids, students or seniors). No drones or dogs are allowed at the race site on meet day.

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| Format: | JV Girls 4000m | unlimited entries | 9:10am |
| | Freshman Girls 4000m | (Run with JV) unlimited entries | 9:10am |
| | Freshman Boys 4000m | unlimited entries | 10:00am |
| | Varsity Girls 5000m | run 10 | 10:35am |
| | Varsity Boys 5000m | run 8 | 11:20am |
| | JV Boys 5000m | unlimited entries | 11:50am |
| | Open 4000m | (no fee , no HS, waiver required) | 12:20pm |

COURSE: The course is the new UW-Parkside JR 5000 meter course that we will run all fall. The Frosh boys and JV Girls 4K is the standard UWPXC 4K. Restricted areas will be roped off, coned or marked with signage. A course map is attached.
Please remember that is prohibited to mark the course in any manner, including paint, streamers, signage, etc. A digital display clock will provide the countdown for each race and one will provide splits at the 1, 2 & 3 mile marks. **Once the first race of the day race has started, warm-ups on the course are limited to following the race in progress. Teams may not warm-up randomly on the course during the race in progress.**

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| Awards: | JV Girls | Medals 1-10 | |
| | Freshman Girls | Medals 1-10 | (top 10 frosh in JV race) |
| | Freshman Boys | Medals 1-10 | |
| | Varsity Girls | Medals 1-25 | |
| | Varsity Boys | Medals 1-25 | |
| | JV Boys | Medals 1-10 | |

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|-----------------|-------------------------|---------|----------------|-----------------|------|
| Records: | Boys 5k | 15:36.9 | Dustin Macuiba | Warren Township | 2015 |
| | Girls 4k | 14:33 | Heather Olson | Warren Township | 2008 |
| | 9 th Boys 4k | 13:19 | Patrick Burns | Lake Zurich | 2014 |

Timing and Scoring: Wisconsin Runner will be timing and scoring for the meet using the state-of-the-art **MyLaps** disposable chip system in conjunction with Finish Lynx **Ether Lynx Photo Finish** and **Identi Lynx Video** Cameras. Results will be posted to: <http://wisconsinrunner.com/results/2018rebel.php>. during the meet. On Thursday night prior to the meet a meet start list and course map, as well as general meets information and updates, will be posted to the WR website

Parking: Please park in the UW- Parkside lots East of the course. **Teams and spectators may not park in any Petrifying Springs lots! County sheriffs will ticket violators.**

UW-Parkside: The UW-Parkside PE Building is off limits to our group.
Petrifying Springs Park: UW-Parkside has added additional port-a-lets to the race site for 2018. Please utilize those located at the course rather than the ones at Pets. We also request that all warmups are conducted on the UWP course. All teams are required to have their team camps at the designated area on the UWPXC course. NO team camps are allowed in Petrifying Springs.

T-Shirts: Shirts will be sold for \$10.00

Teams: Antioch, Badger (B), Belvidere, Elkhorn, Hononegah, Kenosha Tremper, Lake Mills, Lake Zurich (B), Marquette, Northside College Prep, Notre Dame Academy, Oconomowoc, Oswego, Racine Case, Racine Horlick, Racine Park, Ronald Reagan, St. Augustine Prep, Union Grove, Warren Township, Waterford, Waukegan, Waukesha West (G), West Bend West, Wilmot Union, Zion-Benton Township (IL)