

LUCIAN ROSA CROSS COUNTRY INVITATIONAL

SATURDAY, SEPTEMBER 23, 2023

TIME SCHEDULE:

10:00am – Women's 6k

10:45am – Men's 8k

Entry deadline: 9/18/2023

MEET INFORMATION:

ENTRY FEES: \$200 per team/per gender or \$30 per runner/per gender, if six or fewer runners by September 10th. All collegiate teams must register online at www.directathletics.com. The registration window is September 1st through noon September 18th (entries close at noon CST). **ALL payments must be completed through Direct Athletics online payment system. Team's must have paid their entry fees in full in order to pick up their team packets.**

In the collegiate team division, all athletes must be varsity competition eligible.

PACKET PICK-UP: Packets may be picked up beginning at 7:30am on Saturday, September 23rd at the UWPXC course finish line building.

COURSE: The Wayne E. Dannehl National Cross Country Course is located on the rolling and wooded 700-acre campus between Kenosha and Racine in southeastern Wisconsin. The 6K course is the traditional UWPXC 6K route. The 4K course being run is the USATF 4K, which is basically the first 4000 meters of the 6K course. Course maps can be found at: <https://parksiderangers.com/sports/2007/11/29/DannehlCrossCountry.aspx>

SCORING: The top seven runners will score, eighth and above will be displaced and scored as individuals. Wisconsin Runner will be timing and score meet via the **MyLaps** disposable chip system in conjunction with Finish Lynx **Ether Lynx Photo Finish** and **Identi Lynx Video** cameras.

RESULTS: Results will be posted to www.wisconsinrunner.com and www.parksiderangers.com shortly after the completion of each race. Start lists will be posted to the same site prior to the meet.

AWARDS: Top 20 individuals in the championship races will receive a special gift.

CONCESSIONS: An extensive variety of concessions will be on sale at the finish line building on the course.

FACILITIES: Lockers and showers are available in the Sports & Activity Center. You must provide your own towels, locks and security. Please notify meet director if you will be utilizing the locker room facilities post- race.

PARKING: All participants & spectators should come in on Highway E and then turn left onto HY JR to access the UW-Parkside Physical Education or Communication Arts parking lots located off of Hwy JR east of the course. There is no participant drop off on Highway JR. No parking is allowed in any of the Petrifying Springs parking lots – this includes participants, coaches and spectators. Handicap Parking (with Permit) is allowed in the lot immediately North of the course on HY JR.

SPECTATORS: The admission fee per spectator is \$3.00 for 17 & Under and \$6.00 for Adults (18+). WALK UP ADMISSION is allowed; however online prepayment is preferred.

SITE RULES: No dogs are allowed on the UWPXC Course race day. No drones are allowed on site. Ball or Frisbee throwing is not allowed on the course race day.

SITE PROCEDURES: Teams (participants, alternates, coaches, trainers and managers) must enter the meet site together. TENTS & GROUND TARPS are allowed. There is a large "Athletes Only" area behind the finish line area. This area is restricted to competing athletes, coaches and officials. This is where athletes leave their gear bags and water bottles. Coolers of ice for athletic training purposes are allowed. All warmups and cooldown running MUST be done on the Parkside course.

LODGING: For hotel and other local information go to: www.parksiderangers.com or www.kenoshacvb.com

Contact Information:

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