



WEST REGIONAL CHAMPIONSHIPS

MT. SAN ANTONIO COLLEGE - WALNUT, CALIFORNIA

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Race 5 - Sophomore Girls - 4.5K

12/7/2019 - 8:15am

Individual Race Results

Place	Name	Grade	School	Time	Place	Name	Grade	School	Time
1	Mackenzie Rogers	10	POWAY CA	15:55.1	32	Annalise Toillion	10	SPOKANE WA	17:11.1
2	Shea Conroy	10	CEDAR HILLS UT	16:13.6	33	Sophia Dudley	10	YORBA LINDA CA	17:11.2
3	Addi Bruening	10	SOUTH JORDAN U	16:18.1	34	Annika Engebretson	10	SAN JOSE CA	17:11.4
4	Hazel Baird	10	AMERICAN FORK	16:19.3	35	Sarah Ellis	10	ST. GEORGE UTA	17:11.4
5	Eloise Martenson	10	ENCINITAS CA	16:22.6	36	Lila Dominique Salinas	10	SAN JOSE CA	17:12.5
6	Kendra Painter	10	BREA CA	16:24.1	37	Clair Garrett	10	OAKLAND CA	17:14.1
7	Caroline Rupper	10	SANDY UT	16:24.1	38	Audrey Carrillo	10	WEST COVINA CA	17:16.4
8	Sadie Hess	10	PLEASANT GROVE	16:25.2	39	Keira DeBoard	10	TEMECULA CA	17:18.2
9	Lindsey Reed	10	PLEASANT HILL C	16:25.8	40	Lauren Thornley	10	LAYTON UT	17:20.0
10	Alice Groza	10	SPOKANE WA	16:27.5	41	Kenzy Thomson	10	SALT LAKE CITY U	17:20.0
11	Payton Smith	10	ANCHORAGE AK	16:30.0	42	Alyssa Stratton	10	AMERICAN FORK	17:21.2
12	Natalie Jensen	10	AMERICAN FORK	16:31.5	43	Kailani Zufelt	10	SAINT GEORGE U	17:22.3
13	Jessica Moss	10	IDAHO FALLS ID	16:32.3	44	Angelica Milar	10	GRANADA HILLS C	17:22.9
14	Kailey Hopkins	10	AMERICAN FORK	16:44.9	45	Addison Dalton	10	OGDEN UT	17:23.0
15	Kylee Shakespeare	10	VERADALE WA	16:47.0	46	Cassie Apahidean	10	BREA CA	17:23.6
16	Maia Marquez	10	DUBLIN CA	16:47.9	47	Srushti Patil	10	SAN JOSE CA	17:25.3
17	Riley Capuano	10	LOS ALTOS CA	16:48.2	48	Heidi Meier	10	SAN ANSELMO CA	17:26.0
18	Grace Walker	10	ANAHEIM CA	16:49.8	49	Jaycee Dunyon	10	HUNTSVILLE UT	17:26.8
19	Makayla Pitcher	10	EAGLE MOUNTAIN	16:52.6	50	Alice Lei	10	VISTA CA	17:27.1
20	Emily Wernli	10	BREA CA	16:53.6	51	Ali Keith	10	BILLINGS MT	17:28.6
21	Lexi Arambulo	10	SAN DIEGO CA	16:55.8	52	Sienna Bianchi	10	SANGER CA	17:31.1
22	Marcela Carver	10	PLEASANT GROVE	16:59.9	53	Kendra Beck	10	MISSION VIEJO C	17:33.2
23	Sarah Klem	10	IRVINE CA	17:00.8	54	Eve Mavy	10	THAYNE WY	17:39.2
24	Allison Yee	10	CLOVIS CA	17:01.1	55	Samantha Carver	10	PLEASANT GROVE	17:40.6
25	Alanna Parker	10	SPOKANE WA	17:02.0	56	Ainslee Robbins	10	TEMECULA CA	17:42.6
26	Alexis Parker	10	SPOKANE WA	17:03.8	57	Aspen Gardner	10	PLEASANT GROVE	17:43.2
27	Avery Moore	10	AMERICAN FORK	17:07.7	58	Claire Stephenson	10	SOUTH JORDAN U	17:45.7
28	Jess Maritn	10	SOUTH JORDAN U	17:09.3	59	Kelly Denninghoff	10	HENDERSON NV	17:46.4
29	Abbie Laurel	10	CHINO HILLS CA	17:09.5	60	Sammi Stewart	10	BOUNTIFUL UT	17:47.5
30	Alina Ruvalcaba	10	POWAY CA	17:10.3	61	Allison Bartholomew	10	PROVO UT	17:49.4
31	Abigail Barlow	10	AMERICAN FORK	17:10.6	62	Sarah Winterton	10	SALT LAKE CITY U	17:50.0



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Place	Name	Grade	School	Time	Place	Name	Grade	School	Time
63	Teagan Carr	10	ORANGE CA	17:50.8	101	Halle Crowther	10	BILLINGS MT	18:52.7
64	Erin Naylor	10	RIVERTON UT	17:51.2	102	Natalyn Membreno	10	LAKEWOOD CA	18:52.8
65	Shandy Moore	10	ONTARIO CA	17:53.5	103	Brandi Peck	10	TEMECULA CA	18:53.5
66	Skyler Tatum	10	STOCKTON CA	17:54.5	104	Berlyn Moreno	10	MONTEBELLO CA	18:53.6
67	Kaitlyn Ray	10	WESTLAKE VILLA	17:55.6	105	Rachel Edwards	10	HIGHLAND UT	18:55.3
68	Shay Pederson	10	ALTA LOMA CA	17:57.0	106	Trisha Shangle	10	DUBLIN CA	18:55.7
69	Jaycee Page	10	SYRACUSE UT	17:59.6	107	Andrea West	10	HIGHLAND UT	18:56.4
70	Sophia Kisir	10	SAN DIEGO CA	18:00.8	108	Emma Lund	10	SOUTH JORDAN U	18:57.5
71	Lucy Groberg	10	SALEM UT	18:02.9	109	Marian Ogden	10	TOOELE UT	18:58.8
72	Natasha Bercy	10	DUBLIN CA	18:05.6	110	Maggie Clarke	10	ALPINE UT	18:59.1
73	Addison Gibson	10	RIVERTON UT	18:06.6	111	Karli Jensen	10	HERRIMAN UT	19:04.6
74	Katie Lai	10	DUBLIN CA	18:06.7	112	Katherine Hatch	10	ALPINE UT	19:05.9
75	Christine Doman	10	OGDEN UT	18:06.7	113	Makenna McArthur	10	RESEDA CA	19:08.8
76	Isabel Castagnola	10	GRANADA HILLS C	18:08.2	114	Emeri Moore	10	OREM UT	19:09.7
77	Sofia Prieto	10	VENTURA CA	18:10.3	115	Natalie Barton	10	SANTA CLARITA C	19:10.6
78	Kate Golding	10	PROVO UT	18:11.0	116	Kenzee Gubler	10	SAINT GEORGE U	19:12.6
79	Ella Stevenson	10	MORGAN UT	18:12.9	117	Samantha Romo	10	NORWALK CA	19:13.8
80	Nikki Banuelos	10	GRANADA HILLS C	18:14.6	118	Jessie Beazer	10	TOOELE UT	19:14.7
81	Autumn Hogan	10	SYRACUSE UT	18:15.8	119	Alycia English	10	MENIFEE CA	19:14.9
82	Haley Meyer	10	SAN JOSE CA	18:15.9	120	Emma Noriega	10	MORENO VALLEY	19:15.1
83	Megan Arganbright	10	SURPRISE AZ	18:20.5	121	Alexis Dansie	10	STANSBURY PAR	19:15.9
84	Hannah Lukasik	10	BILLINGS MT	18:21.3	122	Megan DeVries	10	BOUNTIFUL UT	19:17.0
85	Emery Smith	10	NORTH SALT LAK	18:22.2	123	Erin Atkinson	10	MIDVALE UT	19:18.0
86	Ellie Lowery	10	GRANTSVILLE UT	18:22.7	124	Maryn Wells	10	CLOVIS CA	19:18.5
87	Morgan Hatch	10	SOUTH JORDAN U	18:24.4	125	Camilla Fielding	10	OREM UT	19:21.2
88	Kate Tew	10	HIGHLAND UT	18:24.6	126	Emma Jensen	10	LAYTON UT	19:23.6
89	Courtney Giebel	10	OGDEN UT	18:27.0	127	Anna-lece Macklyn	10	BOUNTIFUL UT	19:24.6
90	Melodie Wright	10	LEHI UT	18:29.7	128	Ryley Klingler	10	REXBURG ID	19:25.6
91	Sydney Horner	10	RIVERTON UT	18:30.0	129	Samantha Hernandez	10	MONTEBELLO CA	19:26.1
92	Camilla Bradshaw	10	AMERICAN FORK	18:30.3	130	Brooklyn Connelly	10	VERNAL UT	19:27.7
93	Emma Hillam	10	FRUITLAND ID	18:34.2	131	Jessica Molina	10	SANTA ANA CA	19:28.2
94	Sophie Earley	10	MORGAN UT	18:35.7	132	Andrea Baerenwald	10	ALTA LOMA CA	19:30.9
95	Maleia Alvarez	10	SANGER CA	18:36.3	133	Isabella Ballesteros	10	GRANADA HILLS C	19:31.1
96	Jordan Fawcett	10	FALLBROOK CA	18:36.8	134	Jane Tew	10	HIGHLAND UT	19:31.5
97	Emma Stanford	10	CARLSBAD CA	18:40.1	135	Ashley Watson	10	OGDEN UT	19:32.7
98	Lauren Mangum	10	NORTH OGDEN U	18:41.6	136	Kate Heywood	10	MORGAN UT	19:33.0
99	Isabella Hanks	10	BOUNTIFUL UT	18:50.1	137	Ally Welsh	10	LEHI UT	19:33.3
100	Crystal Duenas	10	LOS ANGELES CA	18:51.7	138	Madeline Rippe	10	CORONA CA	19:33.8



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Place	Name	Grade	School	Time	Place	Name	Grade	School	Time
139	Emma Perez	10	FILLMORE CA	19:36.3	177	Sara Mcken	10	AFTON WY	20:10.6
140	Kyanne Klein	10	WASHINGTON UT	19:37.0	178	Mariana Ponce	10	SAN JOSE CA	20:17.5
141	Kennis Borrowman	10	WASHINGTON UT	19:37.2	179	Sidney Bair	10	WEST POINT UT	20:20.4
142	Grace Ponczoch	10	PROVO UT	19:37.8	180	Kaitlin Pintens	10	LOS ANGELES CA	20:21.5
143	Emma Silves	10	TUSTIN CA	19:38.8	181	Christell Pelico	10	LOS ANGELES CA	20:22.2
144	Emmalee Hale	10	AFTON WY	19:39.5	182	Elizabeth Gee	10	RIVERTON UT	20:23.9
145	Sarah Klomp	10	SAINT GEORGE U	19:40.2	183	Quannah Benallie	10	FORT DEFIANCE ,	20:24.1
146	Hailey Thomas	10	SANTA ANA CA	19:40.9	184	Jenna Handschumach	10	TEMECULA CA	20:24.4
147	Lucy Carter	10	YORBA LINDA CA	19:41.0	185	Emma Fox	10	SPANISH FORK U	20:25.0
148	Hannah Schmitt	10	BOUNTIFUL UT	19:41.2	186	Elizabeth Fugal	10	HERRIMAN UT	20:25.9
149	Hannah Skelton	10	STOCKTON CA	19:42.2	187	Kayana Jacobson	10	OGDEN UT	20:26.9
150	Sofia Hilario	10	SANTA CLARITA C	19:42.7	188	Sophie Price	10	VALENCIA CA	20:28.3
151	Gwenyth Dahlin	10	OGDEN UT	19:42.7	189	Hannah Stiegler	10	SAN DIEGO CA	20:28.9
152	Brianne Ericksen	10	SALEM UT	19:43.3	190	Kasidee Brewer	10	NEWDALE ID	20:29.4
153	Dani Newbold	10	RIVERTON UT	19:43.7	191	Lili Klinkhammer	10	DAYTON ID	20:29.5
154	Kaylee Dalling	10	HAMER ID	19:43.9	192	Natalie Hardy	10	ELK RIDGE UT	20:29.7
155	Sydney Myers	10	HERRIMAN UT	19:44.1	193	Kirsten Song	10	CERRITOS CA	20:32.7
156	Mirka Juarez	10	MONTEBELLO CA	19:46.4	194	Mayling Jorgensen	10	TOOELE UT	20:34.4
157	Ameri Miyazawa	10	DUBLIN CA	19:47.1	195	Ethnie Hamblin	10	SUGAR CITY ID	20:42.9
158	McKenzie Winterton	10	LEHI UT	19:47.5	196	Allyson Nelson	10	WEST JORDAN U	20:45.0
159	Sydney Evans	10	LEHI UT	19:47.5	197	Dylann Riggs	10	PLEASANT GROV	20:46.8
160	Madison Taylor	10	LEHI UT	19:47.8	198	Leah Ferris	10	HUNTINGTON BE/	20:47.3
161	Rylee Goble	10	BOUNTIFUL UT	19:49.1	199	Ashlee Gallegos	10	HUNTINGTON BE/	20:47.3
162	Livi Nelson	10	LEHI UT	19:50.0	200	Katie Erkelens	10	HOOPER UT	20:52.5
163	Sara Corey	10	AMERICAN FORK	19:50.2	201	Kourtney Baker	10	CEDAR CITY UT	20:53.3
164	Hailey Derington	10	AMERICAN FORK	19:51.6	202	Kennedy Swain	10	HERRIMAN UT	20:53.9
165	Caroline Parker	10	SAN DIEGO CA	19:53.0	203	Aleia Stowe	10	OGDEN UT	20:54.3
166	Noelani Garcia	10	ALHAMBRA CA	19:53.8	204	Bella Tartaro	10	SALT LAKE CITY U	20:54.8
167	Emmy Hillstead	10	HIGHLAND UT.	19:54.3	205	Abigail De Oliveira	10	AMERICAN FORK	20:55.3
168	Naomi Cernyar	10	MIDWAY UT	19:54.5	206	Avery Hiller	10	WEST JORDAN U	20:56.6
169	Paige White	10	SANTA CLARITA C	19:55.4	207	Meadow Gianchetta	10	LAYTON UT	20:59.4
170	Emma Wall	10	SALT LAKE CITY U	19:56.9	208	Jazmin Ramirez	10	LA PUENTE CA	21:00.3
171	Abby Coleman	10	RIVERTON UT	19:57.9	209	Madisyn Barker	10	HERRIMAN UT	21:04.7
172	Joselyn Vasquez	10	MONTEBELLO CA	19:58.7	210	Shannon Dooley	10	BILLINGS MT	21:05.3
173	Chloe Saunders	10	RENO NV	19:59.5	211	Vanessa Willardson	10	BILLINGS MT	21:05.3
174	Adelyn Crockett	10	PAROWAN UT	20:05.0	212	Keira Stewart	10	STOCKTON UT	21:05.5
175	Camille Scivally	10	HIGHLAND UT.	20:07.8	213	Lauren Cannon	10	SOUTH JORDAN U	21:08.1
176	Emily Zoque	10	CHINO HILLS CA	20:09.2	214	Ana Simon	10	LA PUENTE CA	21:09.5



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Place	Name	Grade	School	Time	Place	Name	Grade	School	Time
215	Anna Linz	10	PAYSON UT	21:11.9	253	Annie Robbins	10	SALT LAKE CITY U	22:34.6
216	Emma Payne	10	MORGAN UT	21:13.6	254	Kayla Merkley	10	OGDEN UT	22:37.9
217	Jaime Dolan	10	CEDAR CITY UT	21:19.6	255	Eliza Freestone	10	OREM UT	22:47.2
218	Julieta Contreras	10	LOS ANGELES CA	21:20.0	256	Rachel Topham	10	CLEARFIELD UT	22:47.3
219	Acacia Crouch	10	NEWBERY PARK (21:20.7	257	Reece Pingree	10	SALT LAKE CITY U	22:58.5
220	Hannah McCombs	10	LEHI UT	21:24.0	258	Maren Mella	10	OREM UT	22:59.9
221	Veronica Gonzalez	10	LOS ANGELES CA	21:24.8	259	Priscilla Borrayo	9	WHITTIER CA	23:05.2
222	Emma Snook	10	ALTA LOMA CA	21:28.8	260	Daisy Bucup	10	LOS ANGELES CA	23:05.5
223	Laura Anderson	10	VERNAL UT	21:32.0	261	Ava von Niederhauser	10	TOOELE UT	23:14.0
224	Citlali Navarro	10	COVINA CA	21:34.9	262	Cheyenne Hall	10	FAIRVIEW WY	23:26.2
225	Keira Newton	10	SANDY UT	21:35.9	263	Jasmine Herrera	10	WHITTIER CA	23:30.8
226	Makenna VanOrman	10	LEHI UT	21:37.7	264	Abigail McDermott	10	GILBERT AZ	23:31.8
227	Mary Cernyar	10	MIDWAY UT	21:40.8	265	Nicole Stone	10	SALEM UT	23:32.7
228	Diana Navarro	10	MORENO VALLEY	21:41.9	266	Emmalyn Aley	10	BILLINGS MT	23:37.0
229	Alyssa Watson	10	LAS VEGAS NV	21:42.2	267	Allie Hunt	10	REXBURG ID	23:43.4
230	Kate McCubbins	10	TOOELE UT	21:42.7	268	Liesl Adams	10	WOODLAND HILLS	23:54.0
231	Haylee Erickson	10	BEAVER UT	21:44.0	269	Kelly Mou	10	HACIENDA HEIGH	24:07.9
232	Jacqueline Alvarado	10	MONTEBELLO CA	21:45.7	270	Molly Wright	10	RIVERTON UT	24:09.2
233	Cheyenne Allen	10	SARATOGA SPRIN	21:46.3	271	Jessica Sanchez	10	SPANISH FORK U	24:19.6
234	Atziri Alvarado	12	SANTA FE SPRINC	21:47.0	272	Kaitlyn Hsu	9	ARCADIA CA	24:20.6
235	Melia Grundvig	10	HIGHLAND UT	21:49.5	273	Annie Droubay	10	TOOELE UT	24:22.1
236	Jessica Kelly	10	AMERICAN FORK	21:52.0	274	Jessica Laing	10	WOODS CROSS U	24:22.6
237	Itzel Sanchez	10	LOS ANGELES CA	21:52.5	275	Promise Li	11	ARCADIA CA	24:23.2
238	Makeya Calhoun	10	CAMPBELL CA	21:57.4	276	Cristal Balderrama	9	PICO RIVERA CA	24:24.7
239	Paige Layton	10	LEHI UT	21:59.3	277	Abby Wegwitz	10	HERRIMAN UT	24:25.8
240	Jasmine Atutiga	10	SARATOGA SPRIN	22:10.3	278	Emma Squire	10	TOOELE UT	24:32.1
241	Kendyll Scott	10	PAYSON UT	22:12.1	279	Christy Harshbarger	10	ASHTON ID	24:37.3
242	Rachel Gardiner	10	PROVO UT	22:16.8	280	Ella Vincent	10	SANDY UT	24:56.0
243	Sharon Phan	10	ROSEMEAD CA	22:17.3	281	Sophia Kim	10	GILBERT AZ	25:05.4
244	Hannah Christensen	10	SHELLEY ID	22:17.7	282	Cadence Chen	10	ALTADENA CA	25:10.1
245	Brooklyn Suttlemyre	10	SYRACUSE UT	22:17.8	283	Jasmine Castro	10	ARCADIA CA	25:10.2
246	Galilee Merion	10	LOS ANGELES CA	22:18.8	284	Megan Long	10	LEHI UT	25:11.3
247	Ashtyn Bowles	10	BEAVER UT	22:24.6	285	Natalie Li	10	ARCADIA CA	25:26.8
248	Sofia Lawson	10	VENTURA CA	22:25.2	286	1165 1165	10	UNA	25:28.5
249	Hayley Garcia	9	WHITTIER CA	22:26.3	287	Faith Fechser	10	ALPINE UT	25:35.2
250	Vivian Mendez	10	LA PUENTE CA	22:26.9	288	Ashley Carras	10	BLUFFDALE UT	26:00.9
251	Audrey Plicka	10	HOOPER UT	22:30.1	289	Gretchen Schnabel	10	BILLINGS MT	26:09.2
252	Katie Rands	10	HIGHLAND UT	22:30.9	290	Ellie Jacobson	10	HIGHLAND UT	26:16.4



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12/7/2019 - 8:15am

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Place	Name	Grade	School	Time
291	Carly Mower	10	TOOELE UT	26:18.6
292	Whitney Blaylock	10	SPANISH FORK U	26:36.9
293	Elyse Roberts	10	SPANISH FORK U	26:40.0
294	Heidi Juarez	10	LOS ANGELES CA	26:43.7
295	Savanna Young	10	SALEM UT	27:23.3
296	Abby Yablonovsky	10	OREM UT	27:23.9
297	Miracle Ukomadu	10	LOS ANGELES CA	30:14.8
298	Andrea Cortez	10	LOS ANGELES CA	30:15.1

